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Coaching Youth Softball, Fourth Edition



Synopsis

Fun, safety, and effective instruction are the focus of the fourth edition of Coaching Youth Softball, helping you create an environment that promotes learning, cultivates a love of the game, and motivates your athletes to come out for the team year after year. Numerous coaching books present the skills and drills of softball. But here's a book that teaches you how to convey those skills to your athletes in an engaging and positive manner. Endorsed by Babe Ruth Softball, Coaching Youth Softball is focused on teaching offensive and defensive skills through gamelike drills, which sets it apart from the current lineup of softball coaching books. The fourth edition includes 12 new drills and 37 age-specific coaching tips that are sure to jump-start your practices, all in a reorganized format geared for sequential learning and quick reference. Coaching Youth Softball's double play of softball fundamentals and essential coaching skills, like communicating with parents and officials, motivating players, and preparing for games and practices, makes this book a must-read as you prepare to meet the challenges and enjoy the rewards of coaching young athletes.

Book Information

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Customer Reviews

The fourth edition of Coaching Youth Softball was written by the American Sport Education Program (ASEP). ASEP has been developing and delivering coaching education courses since 1981. As the nation's leading coaching education program, ASEP works with national, state, and local sport organizations to develop educational programs for coaches, officials, administrators, and parents. These programs incorporate ASEP's philosophy of "Athletes first, winning

second.Â¢ -Â¢

I purchased two books simultaneously not knowing what I would get. "Survival Guide to Coaching Youth Softball" I used constantly to give me weekly ideas. This book was very elementary and so basic that I pulled very little from it. It had a few solid points for coaching, especially older kids, but wasn't what I was looking for as a 6U coach.

Helpful for the first-time coach. I'm coaching 7 & 8 year olds, and the book is more toward slightly older girls; but still plenty helpful.

Pretty good book. Some good drills and some great tips. worth a read for sure! Not going to tell you everything there is to know about coaching softball of course, but it's a good supplement.

Good basic book on coaching girls softball. I am a new coach and this has been very helpful in getting me up to speed with drills and how to run a practice.

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